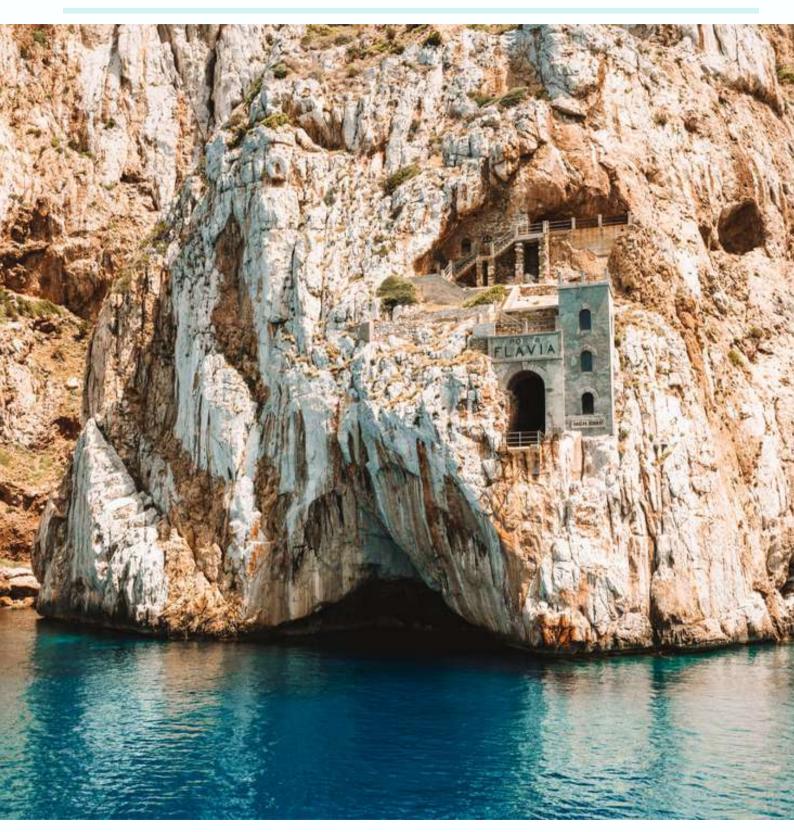


# NAUTICA ASSISTANCE YACHT AGENTS & SUPPLIERS

SARDINIA CORSICA CARIBBEAN

SUGGESTED BEACHES





SUGGESTED BEACHES

SW COAST



## ORISTANO AREA





#### IS ARENAS

Is Arenas beach is situated in Narbolia. It is almost 6 kilometres long, one of the longest beaches of the province of Oristano, and it is called with this name for the presence of huge dunes. Since the beginnings of the XX Century pinetrees and thorntrees have been planted. The coastline is characterized by I sand with shades of yellow and red with golden reflections mixed to pebbles and shells. In some places the beach has got grains like rice. The landscape is enriched by Montiferru woods. Towards the sea you can see Capu Mannu, where the Sinis Peninsula born. It is an ideal place for people who love windsurf.



40°03'59.8"N 8°28'31.0"E





### **PUTZU IDU**

Putzu Idu offers a beach with fine, white sand with greyish hues. The beach, surrounded by the salt pans that are immediately found to its rear, and stretches between S'Arena Scoada and Mandriola, is received as a long and narrow very pleasant beach, above all thanks to the clear and very shallow waters that favour prolonged children's swims and the games played by both adults and children.



40°1'46"N 8°24'15"E





### MAL DI VENTRE ISLAND

This wonderful island is about 5 Nm from the Sinis shore. The island is the only remain of a huge granite block which during distant eras surrounded all the Western coast of Sardinia. The small beaches and bays are real natural paradises, solitary and unspoilt places. The water is blue, turquoise and transparent, ideal for lovers of snorkelling. All the enchanting bays can be easily reached by boat from the land.



39°59'16.08"N 08°18'22.18"E





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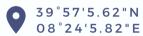
# ORISTANO AREA





### IS ARUTAS

Is Arutas beach stretches for several kilometers, it has a clear sea which colors are between green and blue. It is known as the beach of the grains of rice, being composed of small grains of quartz. Is Arutas, as well as the nearby beaches of Mari Ermì and Maimoni, differ from the other coasts of Sardinia, because composed of porphyritic granite instead of the common calcareous rock. The seabed consists of colourful quartz grains which are the result of a long chemical evolution and atmospheric processing. This corner of Sardinia is unique and wild. It provides the basic services, but it is a destination far from the mass tourism. All these aspects make the beach of Is Arutas even more fascinating.

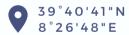






### TORRE DEI CORSARI

The beach, along the magnificent Costa Verde, is made up of ochrecoloured sand, hemmed by tall dunes, lapped by a turquoise-green sea. The beach stretches for around 1.5 kilometres up to the locality of Pistis. The bright golden colour of the sand strongly contrasts with the surrounding landscape, with sprays of green from the thick Mediterranean brush that covers the hills on the three sides of the hinterland (north, east and south). Its waters are of a changing blue due to the plays of light created by the sun reflected on the seabed.

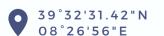






### **PISCINAS**

Located in an isolated zone and of great naturalistic beauty, the beach of Piscinas, along the seashore of the Costa Verde, is surrounded for some kilometres by tall dunes (among the tallest in Europe), still alive and modelled by the mistral wind, its yellow ochre colour occasionally interrupted by bushes of prickly esparto, thorny carrot, sea lily and, more inland, junipers and old olives that form small groves. A flora-fauna territory of great interest, the ideal environment for long walks on the sand, especially in the early hours of the morning, when it is even possible to glimpse the deer that actually go down to the sea and, in the month of June, the sea turtles that lay their eggs.







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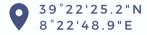
# BUGGERRU AREA





### CALA DOMESTICA

Set in a wild corner of the SW coast, among white calcareous cliffs, the inlet of Cala Domestica delights the eyes of the spectator with a beach covered in fine sand mixed with gravel, with rocks dotted all around, as well as being hemmed in by dunes punctuated by rich scented vegetation in stark chromatic contrast with the unbelievable blue of the sea. The beach is found in a mining zone, and therefore on view, are the ruins of the buildings associated with the nearby mines The area is particularly loved by scuba fishing enthusiasts or simply by those wishing to take a dip in its uncontaminated waters, perhaps with a mask and flippers to discover the treasures that are hidden below the waterline.







### MASUA

Pan di Zucchero is a particularly interesting surfacing rock: detached from the Nai mountain, the large crag is 133 meters high and has two natural arches, one of which is navigable with a small boat through a tunnel of evocative sensations. The beach of Masua has sand mixed with gravel, with rocks dotted around, but especially near the water's edge. The beach is very wide and the area offers numerous facilities: it has a large car park, cafe, eating areas and has shallow waters, allowing children to freely play in them. It is also a much loved spot for those just wanting to do some scuba fishing or simply by those wanting to dive in its waters, perhaps with a mask and flippers, to admire its underwater world rich in pleasant surprises.

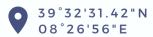






### **PORTO PAGLIA**

Porto Paglia is an exclusive village with sea view on a golden sandy beach in SW Sardinia. The old fishermen's houses and their tuna workshops were built at the end of XVIII century on this breathtaking coastline. Now the village is looked after by the Italian Government for its historical and cultural relief and it has been completely restored as a private exclusive residence. Our accomodations bypass the frills and proudly provide properties of comfort with the simplicity of the Sardinian character. Our self catering cottages combines charm and quality in a stunning location, the perfect place to spend your holidays.







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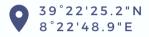
### BUGGERRU AREA





### **PORTO PAGLIETTO**

The beach Portopaglietto (Portupaleddu in Sardinian), is the town beach of the town of Portoscuso, a small town of about 5000 inhabitants in the province of Carbonia-Iglesias, in the SW of Sardinia. The beach is a small stretch of about 200 meters by 25, with white sand amber, soft, fine, set in a small bay bordered by two cliffs, one of which stands the Tower of Portoscuso. The sea is clear, the color is pale blue, from shallow and sandy bottom. There is the presence of some rocks at the edge, close to the cliffs. And 'well-protected from the wind, and they happen to meet a few beached seagrass. Behind the beach Portopaglietto, winding streets of the village, behind which stands a small pine forest. In front of the beach you can admire the rock called La Ghinghetta.









### ISLANDS AREAS





### LA BOBBA (SAN PIETRO ISLAND)

The beach La Bobba located on the Island of San Pietro has a very unusual white coloured sand. "Le Colonne", two impressive stone cliffs, separate La Bobba from Lucchese beach. In front of them there is the small island du Genia with its pink painted sky at sunset: one of the most enchanting landscapes of the island.

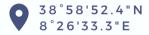






### COEQUADDUS (SANT'ANTIOCO ISLAND)

Coaquaddus (Sardinian dialect for "Horse Tail"), is a beautiful double cove beach provided with kiosk and easy going restaurant. The beach faces the Palmas Gulf and overlook the Teulada Cape. One can admire the Porto Pino dunes at the horizon and La Vacca and II Vitello Island as well as Cannai Tower. Go ahead visiting beaches and cliffs on the Island.



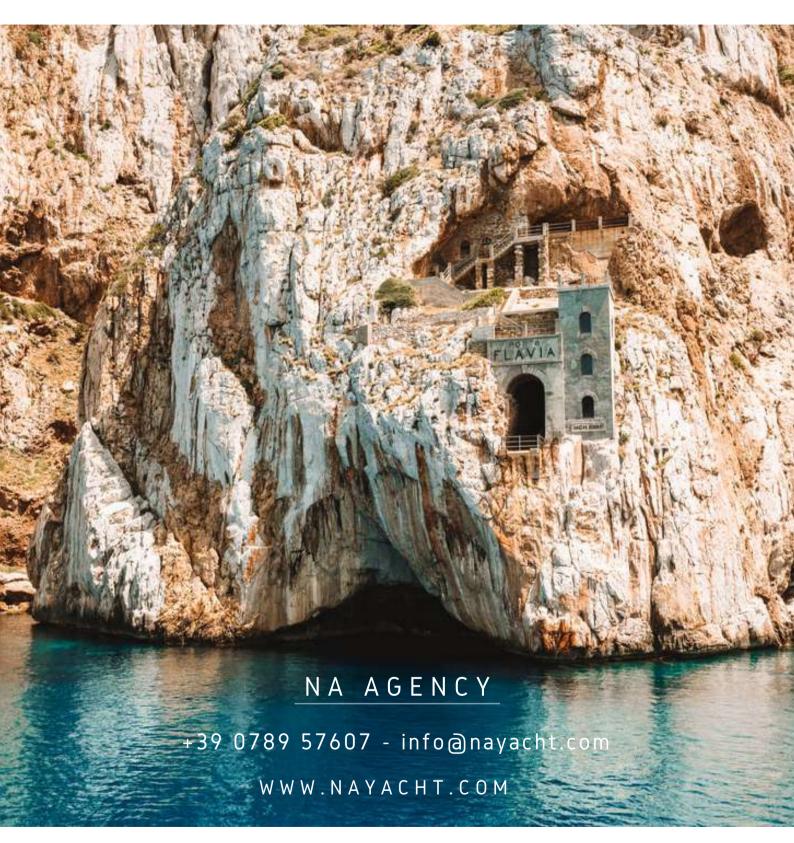




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